

Wednesday, July 9, 2008

COUNCIL computer whiz is getting on his bike to inspire cyclists on a gruelling 130mile ride.

However, Tower Hamlets senior ICT developer Ranjodh Kaler will not be pedalling, instead taking to a motorbike to marshal the SACA Charity Bike Ride.

The 33-year-old will escort around 500 riders from Birmingham to the capital in aid



of Children for Leukaemia on July 19 and 20.

The race is in its 19th year and Ranj has been helping out for the past 11 years by planning the route, pitstops, organising mechanical and first aid support as well as making sure everything runs smoothly on the day.

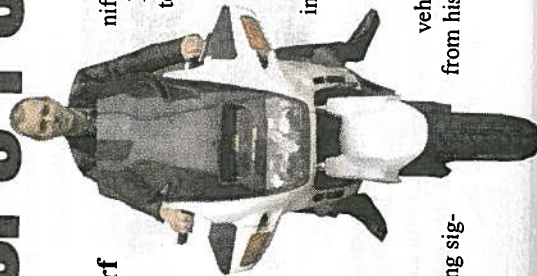
"Some years I think enough's enough when I'm trying to sort all the sponsors out, but when we reach the finish in west London, it's a great feeling," Ranj added.

For more information visit www.charitybikeride.com.

Wharfers revved up

ONE Canary Wharf worker was on his bike all weekend in the name of charity.

Dave Brown, who works at the Canada Square office of BP Trading, covered 540 miles over Saturday and Sunday for the Interphone National Road Rally. It was the fourth time Dave, 44, has completed the challenge raising sig-



nificant funds for Mencap in the process.

He said: "This rally was the perfect way to experience the joy of biking, whilst also putting to the test your navigation skills, route planning and stamina levels.

"Supporting Mencap made the taking part in the event even more worthwhile and rewarding."

Dave rode a Honda Pan European to complete the challenge, the same vehicle which he travels to work daily from his Bishop Stortford home.



TEAM of Credit Suisse bankers and kick-start-leathers and kick-start-ed a challenge to help raise money for charity.

The fundraisers set off on their motorcycles from Columbus Courtyard, Canary Wharf, on Monday and made their way to Harlow.

The high-flying Wharfers

then embarked on a journey up north to Durham and the Yorkshire Moors, before coming back down through Cumbria and the Peak District.

The expedition, Moto2Be, is in aid of Credit Suisse's charity of the year - The Place2Be, a group that provides counselling in schools.

The partnership between the bank and the charity will benefit more than 5,400 children

annually in Southwark, Greenwich and Tower Hamlets.

Benita Refson, chief executive of The Place2Be, said: "Moto2Be will raise much needed funds which will enable us to reach some of the most disadvantaged children in East London and provide them with counselling to help them cope with the difficulties that they face in their lives."